

BE THE ARCHITECT

OF YOUR LIFE

ALUMNI INSPIRATION

SESSION -18

~ Raunak Barkat Singh (VIII-B) & Advait Singh (VIII-B) ~

Reporters, Modern School Life Magazine

February 13, 2026

On 13 February, **Modern Senior Secondary School, Patiala** had the privilege of hosting its 18th Alumni Inspiration Session, featuring its distinguished alumna, **Mrs. Roopali Lekhi**, an accomplished educationist, career mentor, and edupreneur. She currently serves as the Founder and Director of Magnus Institute, Ludhiana. Her return to her alma mater was a proud and meaningful occasion for the entire school community.

Addressing the students on the theme “**The Self Architect**,” Mrs. Lekhi spoke about the importance of consciously shaping one’s own life. She encouraged students to identify their unique “ingredients” — their strengths, values, skills, and passions — and to use them thoughtfully in designing their future. With clarity and conviction,

digital world.

She further highlighted the transformative role of gratitude and meditation in everyday life. According to her, practicing gratitude nurtures positivity, strengthens relationships, and builds emotional resilience. Meditation, she explained, enhances focus, promotes clarity of thought, and cultivates inner stability. A calm and grateful mind, she emphasized, is better equipped to make sound decisions and remain balanced during challenging times.

The session concluded with an engaging and interactive question-and-answer round. Students actively sought guidance on career pathways and personal development, and Mrs. Lekhi responded with practical insights drawn from her professional journey and leadership experience.

she cautioned students against surrendering their time and attention to Wi-Fi, Instagram, and social media, reminding them that self-discipline and mindful technology use are essential in today's

Her thoughtful words and grounded approach left a lasting impression, inspiring students to become self-aware, disciplined, and confident architects of their own future.



